

Men (US)

Women (US)

UK

EU

XS	up to 3.5	Up to 4.5	Up to 2.5	Up to 35
SM	3.5-6.5	4.5-7.5	2.5-5.5	35-38
MD	6.5-9	7.5-10	5.5-8	38-41
LG	9-11	10-12	8-10	41-44
XL	11-14.5	12-16	10-13.5	44-49